

08-01-13

Dear Friends,

I smile with happiness that you have found your way to Cristo. I want to assure you that his gifts are real, his sharings profound, and his heart open. The expression "the real deal" refers to someone who is authentically what they claim to be. Cristo is not only "the real deal," but I will add to this by saying that he is the "creme de la creme of real deals!"

Being 62 years on the planet, for all but 18 of those I have been a seeker of spiritual truth, devoted to my personal evolution, and dedicated to my own and the healing of others. My primary training is as a Registered Nurse with a Master's Degree in Community Health Nursing. I also have extensively studied (and still do) all manner of alternative and complementary healing modalities. I have had a significant number of personal exposures to psychics, medical intuitives, astrologers, body workers, spiritual healers, psychiatrists, psychologists, etc. I myself have served in the capacity as an energy healer, teacher of energy healing, and therapist, all of which overlap with Cristo's skill set. I share this so you can understand my extensive exposure to a myriad of healers and teachers, providing me with a broad personal and professional perspective.

Regarding his work, first and foremost, Cristo's integrity is impeccable. He is dedicated to giving the highest quality of service. You can feel his earnestness as he looks for the most precise words to convey what he perceives, and how he asks whether those words resonate with you. Every step of the way he asks whether you have questions, and he will not move on until you feel ready. If you find yourself with questions after the session is complete, he truly wants you to feel free to contact him. I have several times availed myself of his generosity after a session, and he responds as quickly as he can. His concern is genuine.

In further regard to his integrity, Cristo does exactly what he claims to be able to do. He does not inflate his capacities. Cristo tells you what he will do, and does it. Truth heals, and I believe that besides his extraordinary ability to see into the human energy field, he speaks about it in such a way that his actual words begin to catalyze healing. Once you can clearly see your specific internal dynamics, you are already well on your way. If you have already been exploring your

internal dynamics, Cristo will guide you in the direction of your next step with the specificity of his descriptions.

Cristo knows he has a great gift and he is here to use it. I believe that his ability to see all the things that he can perceive in energy fields is on the leading edge of the next phase of human development. He is demonstrating to us what is possible, and believes we can learn this too. Because Cristo is continuing to evolve, I doubt he knows his own capacities. He has shared that he wasn't always like this, and dispassionately notes when his abilities expand. I find it very reassuring that even with this brilliance, his ego is in check. This gentle, kind, humble man simply wants to help, teach, heal.

And help he can. I prepared myself for my time with Cristo by reading about David Winfree's experiences. On David's website www.davidwinfree.com he has an extensive, though by no means exhaustive, list of suggestions regarding different questions to discuss with Cristo. I also called David in order to better understand what he was describing. Some of the material was new to me.

I wrote my own list of questions, sent it to Cristo, and found it to be helpful as a suggested structure. What I found was that as some questions on the list were answered, new ones emerged. I had certain priorities at first, and they actually changed as we progressed. Cristo always gave me the respect of allowing me to choose the focus. He suggested that we begin by examining my negative beliefs and complexes that were hindering my fullest expression. I had thought about this beforehand and because I felt I had spent years steeped in this material, I politely declined. He was absolutely agreeable to this and we began where I requested.

My experience was that our sessions were fluid, alive, interactive, and of great interest to BOTH of us! Cristo is as much a student of human existence as a teacher, a trait which speaks volumes about his humility. Classic communication theory dictates that communication is not complete until the sender receives feedback from the receiver about what was heard. Cristo constantly asks you to respond to what he is telling you so that he can know whether his information was received as intended. There were times when Cristo didn't even understand the picture he was seeing, but upon hearing my response after he described it to me, he then knew that the message was indeed accurate. In this way you become part of his own learning process, and this adds another dimension which I quite enjoyed!

I would like to describe some particular ways Cristo helped me. He gave me very precise information about my "core identity." He is the only person I have ever heard of that can identify the vision Source had of your soul at the moment you emerged as a "separate" entity. He also shared with me what I would be doing if my major psychological complex were resolved. I can only say that this information blew my mind. It was an integration of many different passions I had explored during my life. This gave me such peace, knowing that even though I had felt somewhat lost as I went from one focus to another, that it all made sense. I had always been on my path!

He described the predominant archetypes in my field, each of which was an intimate gem of my innermost self. When he finished this he gave me a picture of what all of them as a whole seemed to signify. It was the most wonderful gift! I have always felt out of focus when attempting to describe myself. He simply "nailed it"!

I walk through my life now with that understanding of who I really am, and it is a profoundly beautiful thing to know and feel.

Would you like to know what you volunteered to do in this lifetime? Even at 62 this was thrilling to hear! I could have given a general answer to this question, which although true, wasn't one-tenth as powerful for me as what Cristo shared. The specificity was what made it so eye-opening. There was even an aspect of it that came as an utter surprise to me, because it dramatically contradicted how I had viewed myself. Cristo went on to explain that it is not uncommon for certain important qualities to be conditioned right out of our awareness. As I had been blind to the existence of this aspect, this was a true revelation, the knowledge of which has already changed my self-expression.

Cristo has the ability to tell you about the most difficult challenges you have within yourself in a way that makes you feel seen and supported. Thoroughly professional, he does not judge what he sees and hears. I am extremely sensitive to this phenomenon, so I want to reassure you that you are in caring hands. I originally hadn't wanted to focus on my problems, but after receiving so many "positive" visions of my true self, I wanted his perspective on the things which caused me the most distress. Even though I had refused his suggestion to begin with this material, there was not one bit of "told you so" when I did

eventually ask for it. And for me, I think this was the perfect sequencing.

He was able to summarize my toughest innermost struggles quickly and efficiently. His compassionate explanation of an aspect of my personality which has long been a source of discouragement and shame helped me to view it with more understanding and less emotional reaction. He was able to describe my major complex and how I might go about dismantling it. I even received a progress report on how far I had already come and what percentage of it remained before I would free myself of it for good.

The aspects of our psyches that are in shadow can be particularly tricky, by virtue that they can be unseen "blind spots." Cristo's ability to discern and describe what is hidden to our own awareness is a remarkable assist to healing. Although I haven't personally requested his insights with relationship dynamics, I can only imagine how helpful this could be to a couple, a family, a work group stuck in repetitively negative patterns. With his wise, unassuming demeanor, I can just as easily imagine Cristo addressing The United Nations, delineating the precise next step towards world peace.

If you are interested and skeptical then I suggest that you avail yourself of Cristo's "Ask One Question" option. You have nothing to lose and so much to gain.

Be daring, ask one that might potentially change your life if you could have that understanding or truth. Allow this remarkable resource to humanity to do what he came here for...to help you!

Wishing you love, peace, and joy,
Laurel Eisenschiml RN MSN